



Hi! I'm Sammy
Do you know what sustainability is?

SUSTAINABLE:

Sustainable fishing is making sure there is plenty of fish for the future by not depleting the fish population today

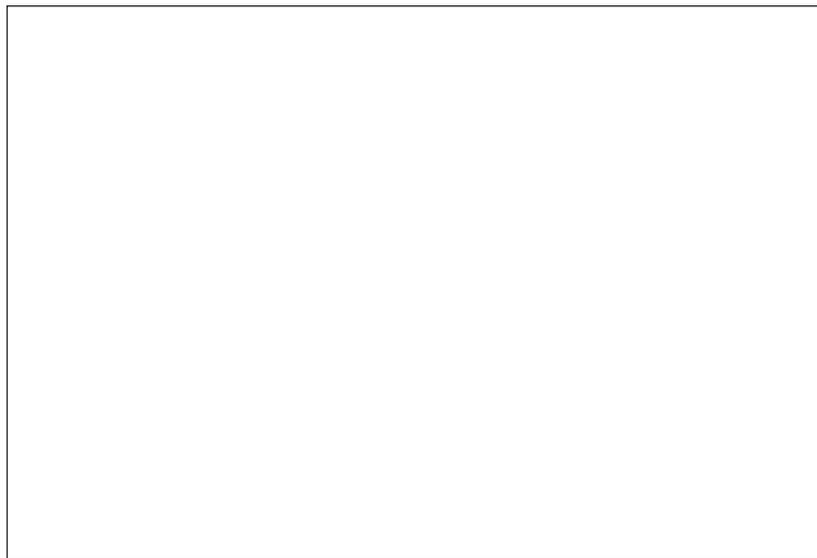
FIN FINDER

E W B T D G G E M Y C
C O H O U N C H U M U
U U G N I N W A P S G
D P U K O O C E A N N
O S A L M O N J A W P
R I V E R D K R R U I
P F I S H E R M A N N
E S O C K E Y E J U K
R R O T A D E R P T P
S U S T A I N A B L E

Salmon	Reproduce	River	King
Egg	Sustainable	Fish	Coho
Spawn	Ocean	Sockeye	Pink

A FISH OUT OF WATER

Draw your own salmon. Give them a funny hat & cool glasses.



12 and under
KIDS MENU

choose your meal, a side and a drink

Let's Eat

- Sophie's Grilled Wild Alaska Salmon 10⁹⁰
- Hudson's Organic Free-Range Chicken Strips 8³⁰
- Elsa's Alaska True Cod 1 Piece Fish & Chips 7⁹⁰
- Paige's Coconut "Hula" Prawns 6⁹⁰
- Elliott's All Natural Grilled Chicken Breast 7⁴⁰
- Hannah's Grass Fed Jr. Burger 8³⁰
- Lauren's Linguini 6⁶⁰
*Homemade herb tomato sauce
or Alfredo sauce*

Sides

Dinghy of Clam Chowder, Seasonal Vegetable,
French Fries, Sweet Potato Fries,
Organic Baby Red Potatoes

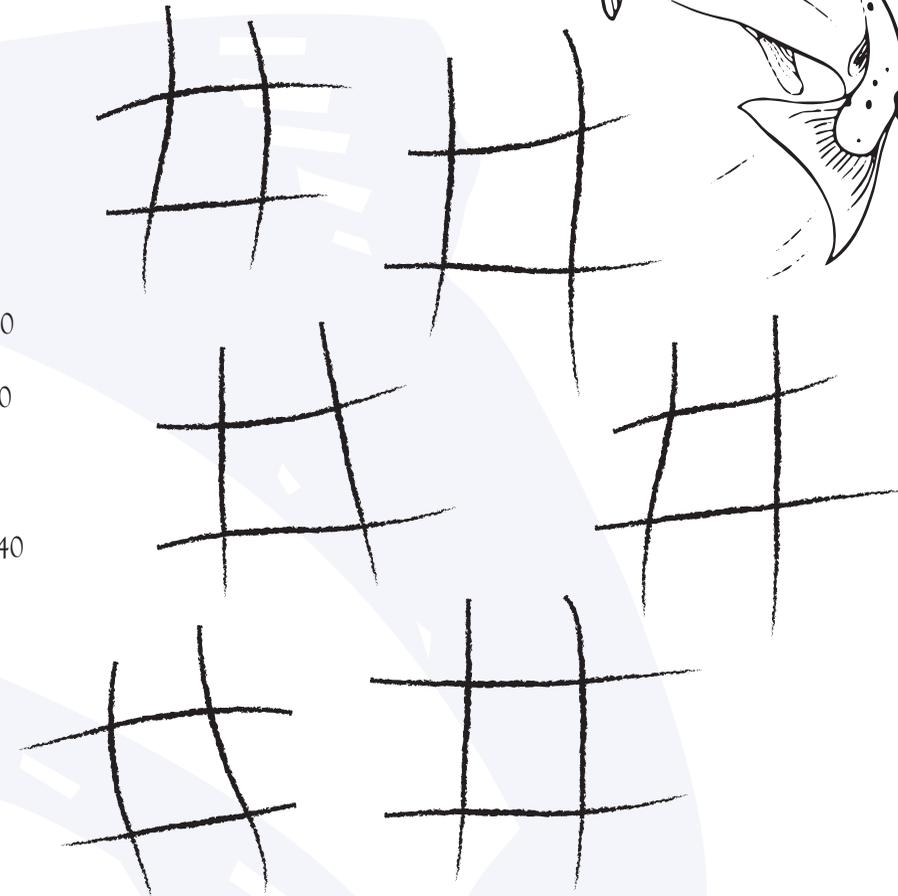
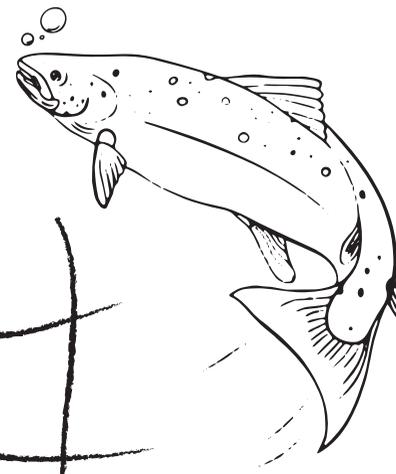
Drinks

Fresh Squeezed Lemonade,
Strawberry or Blueberry Lemonade,
Pure Cane Sweetened Soda,
any of our Juices or Milk

Dessert

Add a scoop of Lopez Island Creamery
ice cream or sorbet 2⁹⁰

TIC TAC ROE



GILLED GIGGLES

What's the difference between a piano and a fish?
(You can tune a piano but you cannot tuna fish)

Which part of a fish weighs the most?
(The scales)

Where do fish keep their money?
(In a river-bank)

What do you call a fish without an eye?
(fsh)

Who keeps the ocean clean?
(Mermaids)

Why are fish so well educated?
(Because they swim in schools)

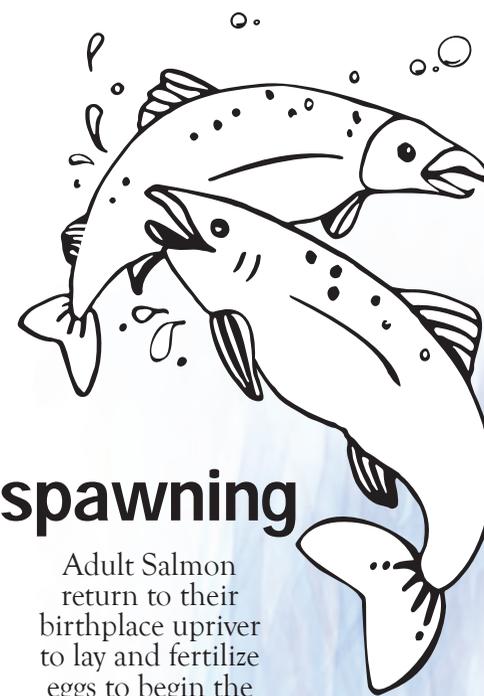
Why did the salmon cross the road?
(To get to the other tide)

What kind of fish do you eat with peanut butter?
(Jellyfish)

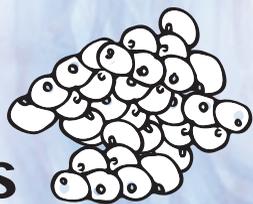
Salmon LIFE CYCLE

spawning

Adult Salmon return to their birthplace upriver to lay and fertilize eggs to begin the next life cycle



eggs



Female Salmon lay over 10,000 eggs, each the size of a pea

alevin

Once hatched alevin have enough food in their belly to live an entire month



fry

Can you smell your way home? Fry memorize the smell of their river so they can find their way home after they are grown

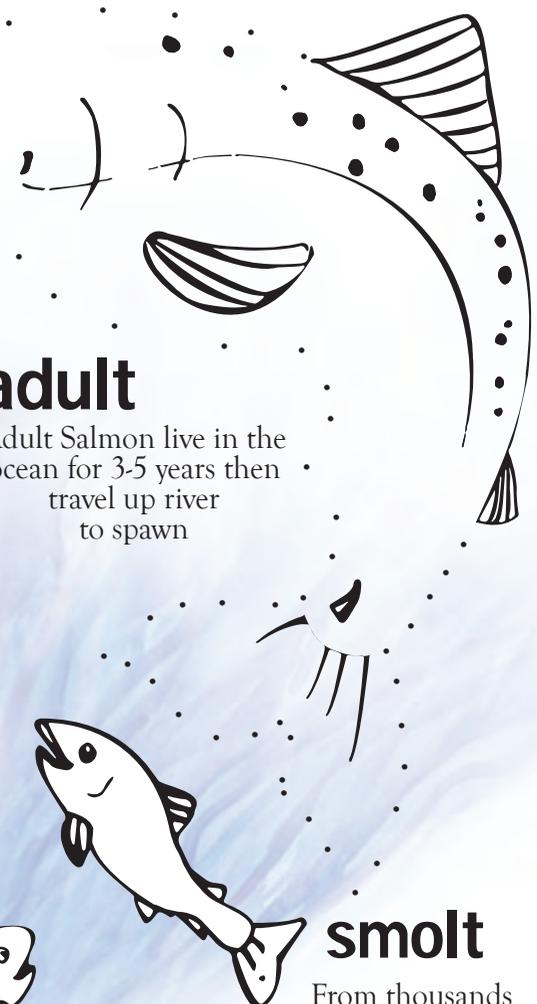


FINISH THE FISH

connect the dots below

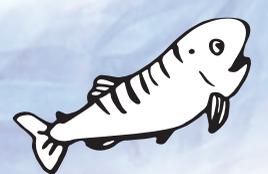
adult

Adult Salmon live in the ocean for 3-5 years then travel up river to spawn



smolt

From thousands of eggs, less than 100 fish make it to the ocean where they move from fresh water to salt water

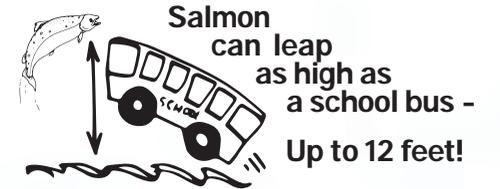


parr

Parr develop dark stripes to camouflage themselves as they grow big and strong

SUSTAINABLE

DID YOU KNOW?



Salmon can leap as high as a school bus - Up to 12 feet!

The biggest salmon ever caught weighed 126 lbs ...as big as a Saint Bernard!

Spawning salmon can swim upstream as fast as 28 miles per hour.

There are 5 major types of Salmon: King, Sockeye, Coho, Pink and Chum.

SALMON SCRAMBLE

GEG - _ _ _ _ _

ISFH - _ _ _ _ _

VERIR - _ _ _ _ _

LAMSON - _ _ _ _ _

SHIFING - _ _ _ _ _

IFLE CCLEY - _ _ _ _ _

Unscramble: Fish, River, salmon, Fishing, Egg, Life Cycle

DUKE'S PLEDGE

All of our salmon is sustainably caught, our fishermen and women leave plenty in the ocean for all generations to enjoy.