

# KIDS MENU

12 and under

Choose your meal, a side and a drink

Finger Lickin' Organic Chicken Strips 12<sup>90</sup>

Grilled Wild Alaska Coho Salmon 16<sup>90</sup>

Oh My Cod! 1 Piece Fish & Chips 14<sup>90</sup>

Coco Loco Wild Prawns 12<sup>90</sup>

Sensational Salmon Bites 13<sup>90</sup>

Royal Ranch Grass-Fed Cheeseburger 13<sup>90</sup>

Grilled Organic Chicken Breast 11<sup>90</sup>

Luigi's Linguini Noodles 10<sup>90</sup>

*butter, tomato or alfredo sauce*

## SIDES

Dinghy of Clam Chowder, Seasonal Vegetable, French Fries,  
Sweet Potato Fries, Organic Baby Red Potatoes

## DRINKS

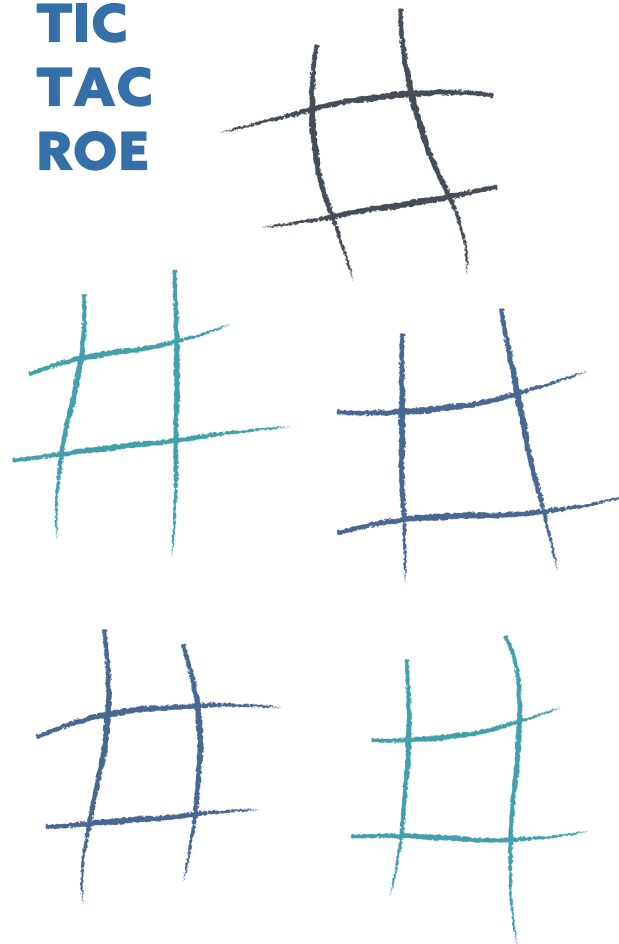
Fresh Squeezed Lemonade, Strawberry or Blueberry Lemonade,  
Pure Cane Sweetened Soda, any of our Juices or Milk

## DESSERT

Add a scoop of Lopez Island Creamery ice cream or sorbet 2<sup>90</sup>



## TIC TAC TOE



## WORD FIND

E	W	B	T	D	G	G	E	M	Y	C
C	O	H	O	U	N	C	H	U	M	U
U	U	G	N	I	N	W	A	P	S	G
D	P	U	K	O	O	C	E	A	N	N
O	S	A	L	M	O	N	J	A	W	P
R	I	V	E	R	D	K	R	R	U	I
P	F	I	S	H	E	R	M	A	N	N
E	S	O	C	K	E	Y	E	J	U	K
R	R	O	T	A	D	E	R	P	T	P
S	U	S	T	A	I	N	A	B	L	E

Salmon  
Egg  
Spawn

Reproduce  
Sustainable  
Ocean

River  
Fish  
Sockeye

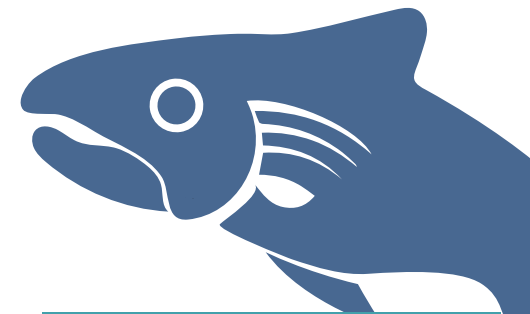
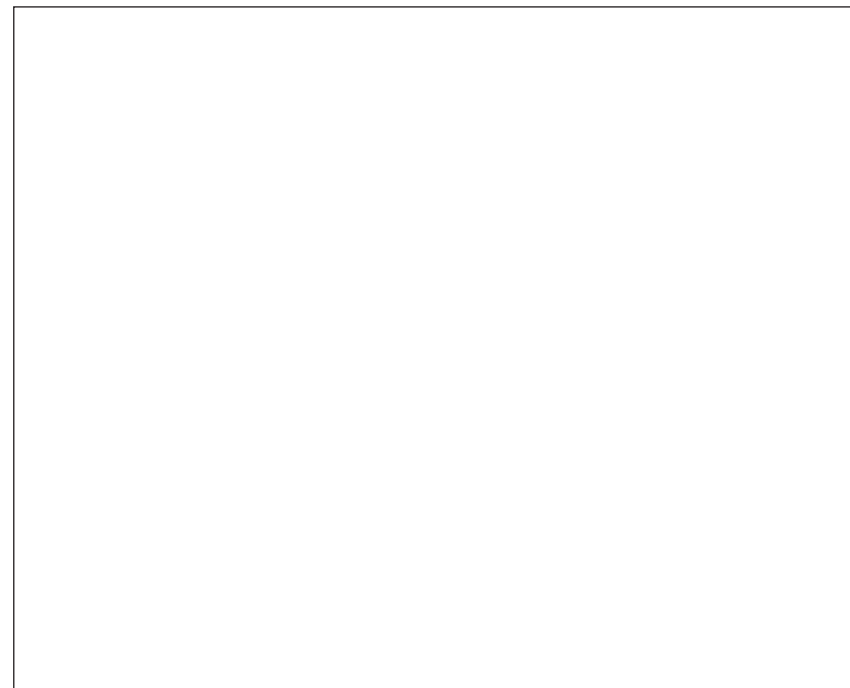
King  
Coho  
Pink

## HI! I'M SAMMY

Do you know what sustainability is?

## A FISH OUT OF WATER

Draw your own salmon. Give them a funny hat & cool glasses.



## SUSTAINABLE

Sustainable fishing is making sure there is plenty of fish for the future by not depleting the fish population today

All of our salmon is sustainably caught, our fishermen and women leave plenty in the ocean for all generations to enjoy

# SALMON SCRAMBLE

GEG: \_\_\_\_\_  
 ISFH: \_\_\_\_\_  
 VERIR: \_\_\_\_\_  
 LAMSON: \_\_\_\_\_  
 SHIFING: \_\_\_\_\_  
 IFLE CCLEY: \_\_\_\_\_

Unscramble: Fish River, Salmon, Life Cycle, Fishing, Egg

## GILLED GIGGLES

**What's the difference between a piano and a fish?**

*You can tune a piano but you cannot tuna fish*

**Where do fish keep their money?**

*In a river-bank*

**Which part of a fish weighs the most?**

*The scales*

**What do you call a fish without an eye?**

*fish*

**Why did the salmon cross the road?**

*To get to the other tide*

**Why are fish so well educated?**

*Because they swim in schools*

**Who keeps the ocean clean?**

*Mermaids*

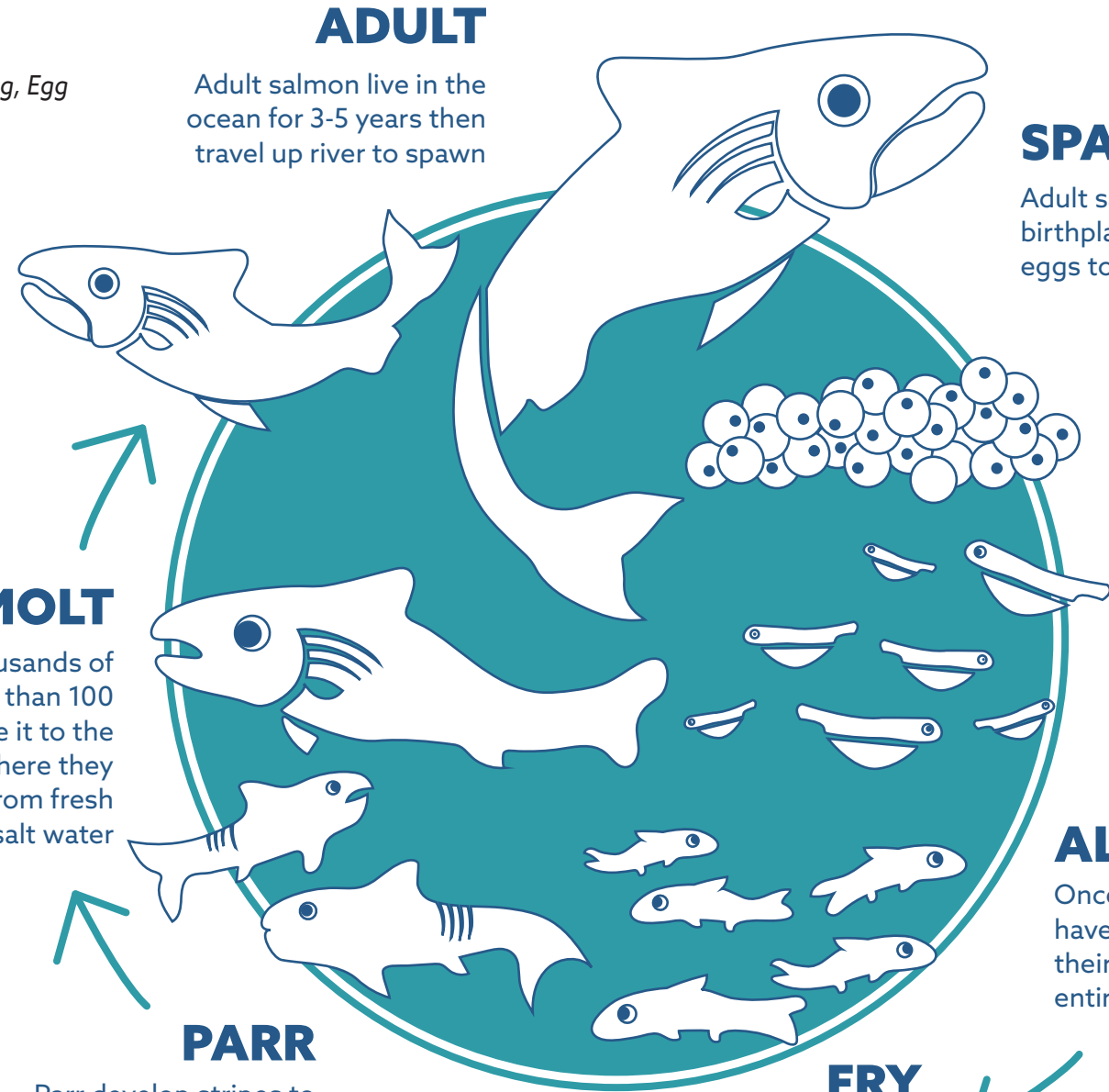
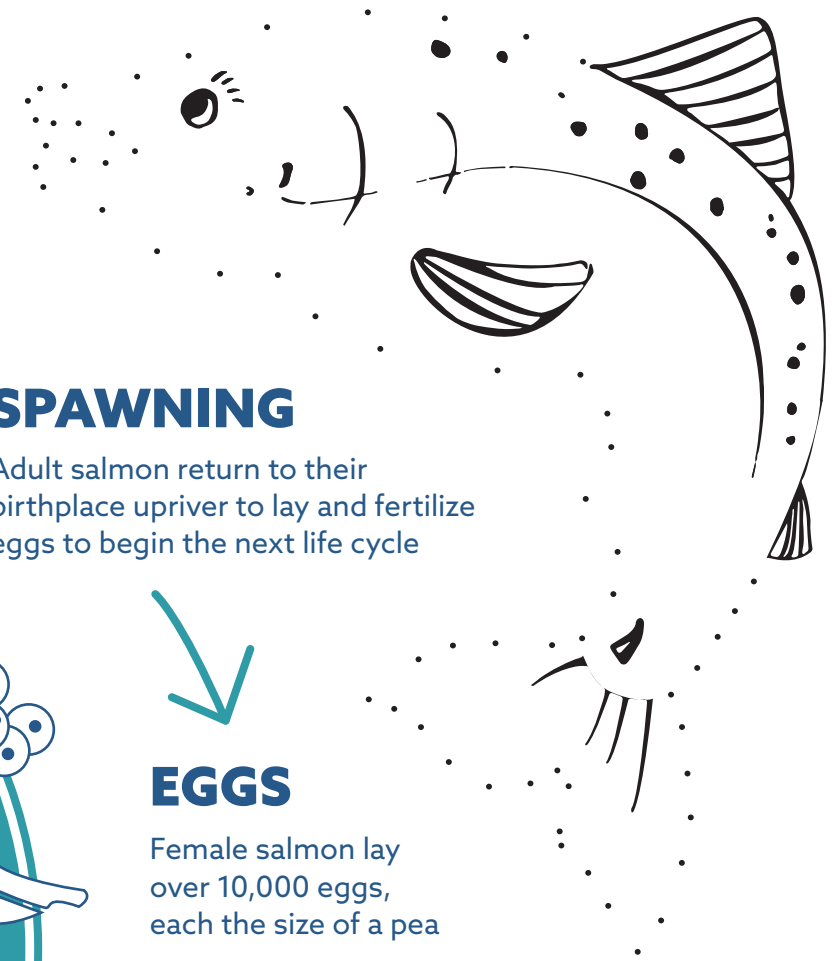
**What kind of fish do you eat with peanut butter?**

*Jellyfish*

# SALMON LIFE CYCLE

## FINISH THE FISH

Connect the dots below



### ADULT

Adult salmon live in the ocean for 3-5 years then travel up river to spawn

### SPAWNING

Adult salmon return to their birthplace upriver to lay and fertilize eggs to begin the next life cycle

### EGGS

Female salmon lay over 10,000 eggs, each the size of a pea

### ALEVIN

Once hatched alevin have enough food in their belly to live an entire month

### FRY

Can you smell your way home? Fry memorize the smell of their river so they can find their way home after they are grown

### PARR

Parr develop stripes to camouflage themselves as they grow big and strong

### SMOLT

From thousands of eggs, less than 100 fish make it to the ocean where they move from fresh water to salt water

## DID YOU KNOW?

**Salmon can leap as high as a school bus—up to 12 feet!**

**Spawning salmon can swim upstream as fast as 28mph**

**The largest salmon ever caught weighed 126 lbs...as big as a saint bernard!**

**There are 5 major types of salmon: king, coho, sockeye, pink, and chum**